



2023 MCC Run for Relief

5k Run or 2k Fun Walk

8:00 AM Saturday, September 23, 2023

Elkhart County 4H Fairgrounds

All proceeds go to Mennonite Central Committee relief efforts

Three options for pre-race registration:

1. **Online** registration available at <https://runsignup.com/Race/IN/Goshen/MCCRunForRelief>
Note additional processing fees apply. Register by Sept. 9 to guarantee your T-shirt size.
2. **On-site** registration at the Elkhart County 4-H Fairgrounds Friday evening, Sept. 22, from 5:30 to 9:00 PM (Building A, near quilt auction) or Saturday morning, Sept. 23, from 6:45 to 7:45 AM in the grandstand area (Dairy Bar II). T-shirt availability is NOT guaranteed.
3. **Mail** this registration form to: Roger A. Nafziger, 319 S. 6th St., Goshen, IN 46528-3401
Only registrations received by Sept. 9 are guaranteed a T-shirt.

- **Registration fee:** \$25 with T-shirt / \$20 without T-shirt
- Only registrations received before **September 9** are guaranteed a T-shirt
- Race begins and ends on the track near the grandstand
- Awards for the top 5k Run finishers in each age group
- Awards must be picked up by 9:30 AM Saturday after the race
- Make checks payable to *Michiana Mennonite Relief Sale, Inc.* Additional donations are welcomed.

1. Name: _____ Age: _____ Male/Female

Event: 5K 2K T-Shirt size: Adult S M L XL None
Youth S M L

Signature of participant

Parent/guardian signature for minors

2. Name: _____ Age: _____ Male/Female

Event: 5K 2K T-Shirt size: Adult S M L XL None
Youth S M L

Signature of participant

Parent/guardian signature for minors

Street Address: _____

City, State, Zip: _____

Telephone (____)____-____ Email address: _____

(All participants on one form intended to be in same household)

Waiver: My registration and participation communicates my understanding of the risks associated with this event and signifies that I have trained and am physically fit to participate. I accept full responsibility for my participation and release any and all responsibility from the MCC committee and any others affiliated with this race, with respect to any damages or claims from my participation in this event.